



FONDAZIONE
INTERNAZIONALE
MENARINI



ATHENS (GREECE)
SEPTEMBER 27TH-28TH, 2019

2019 ESC GUIDELINES ON THE MANAGEMENT OF CHRONIC CORONARY SYNDROMES: A CRITICAL APPROACH

VENUE: STAVROS NIARCHOS FOUNDATION CULTURAL CENTRE - ATHENS, GREECE

WELCOME LETTER

Dear Colleagues,

Coronary artery disease (CAD) affects the global human population and is the major cause of death in both the developed and developing countries. Lifestyle, environment, and genetics, pose as risk factors for the development of cardiovascular disease.

The prevalence of risk factors among healthy individuals (diabetes mellitus, hypertension, smoking, hyperlipidemia, obesity, and psychosocial stress) predicts the occurrence of CAD in the near future.

The diagnostic management of patients with angina pectoris typically aims at the detection of obstructive epicardial CAD. This clinical paradigm fails to account for the considerable proportion (approximately one-third) of patients with angina in whom obstructive CAD is excluded. This common scenario presents a diagnostic conundrum whereby angina occurs but there is no obstructive CAD (ischaemia and no obstructive coronary artery disease—INOCA).

The proper management of CAD and modification of its morbid course has been established through extensive studies and trials. RAS blockers, statins and aspirin are used for the secondary prevention of the disease, and revascularization when indicated, nitrates, β -blockers, calcium antagonists, ivabradine, trimetazidine and ranolazine are some of the therapeutic approaches used for the symptomatic relief of angina associated with CAD.

In our scientific program we are going to discuss the most important risk factors related to CHD, with focus on hypertension and other consequences of CHD, and the recent published ESC guidelines for acute pulmonary embolism, dyslipidaemias, diabetes pre-diabetes and cardiovascular disease, and supraventricular arrhythmias.

Experts from all around the world will discuss the hot topics of the just presented ESC guidelines on CHD, and we are going to have a critical approach of them in two panel discussions.

At the end of our scientific meeting four case studies based on the topics discussed will be presented, as a trigger to initiate an interactive discussion with all participants.

Athanasios J. Manolis

President of the Scientific Meeting

A handwritten signature in blue ink, appearing to read 'Manolis', with a stylized flourish underneath.

PRESIDENT OF THE MEETING

ATHANASIOS J. MANOLIS

Director of Cardiology Department
Asklepeion Hospital
Athens, Greece

ORGANIZED BY

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PROGRAMME

STAVROS NIARCHOS FOUNDATION CULTURAL CENTRE ATHENS, GREECE

FRIDAY, SEPTEMBER 27TH, 2019 - MORNING

08.30 a.m. 09.30 a.m.	<i>Welcome and Registration</i>
09.30 a.m. 10.00 a.m.	<i>Welcome addresses, Scope of the Meeting</i> A. J. Manolis (Athens, GR)

SESSION I - HOT TOPICS

Chairpersons:	A. Trikas (Athens, GR) E. Hatziagelaki (Athens, GR)
10.00 a.m. 10.15 a.m.	D. Lovic (Niš, SRB) An Update in the Treatment of Heart Failure
10.15 a.m. 10.30 a.m.	I. Parisis (Athens, GR) How to Overcome Diuretics Resistance in HF?
10.30 a.m. 10.45 a.m.	E. Kallistratos (Athens, GR) Perioperative Management of Hypertension
10.45 a.m. 11.00 a.m.	Discussion
11.00 a.m. 11.30 a.m.	Lecture I Chairperson: D. Tousoulis (Athens, GR) A. Papakonstantinou (Athens, GR) Life Style Changes and the Role of Mediterranean Diet
11.30 a.m. 12.00 p.m.	<i>Coffee Break</i>



FRIDAY, SEPTEMBER 27TH, 2019 - AFTERNOON

SESSION II - RECENT PUBLISHED ESC/ESH HYPERTENSION GUIDELINES

Chairpersons:	E. Lurbe (Valencia, ES) K. Tsioufis (Athens, GR)
12.00 p.m. 12.20 p.m.	A. Pittaras (Athens, GR) Diagnostic Approach
12.20 p.m. 12.40 p.m.	J. Brguljan Hitij (Ljubljana, SI) Risk Stratification and Targets
12.40 p.m. 01.00 p.m.	J. Redon (Valencia, ES) Combination Treatment: Which and for Whom?
01.00 p.m. 01.20 p.m.	M. Doulas (Thessaloniki, GR) β -Blockers: First or Last Line Treatment?
01.20 p.m. 01.30 p.m.	Discussion
01.30 p.m. 02.30 p.m.	<i>Lunch</i>

SESSION III - RISK FACTORS AND CARDIOVASCULAR DISEASE

Chairpersons:	A. Kranidis (Athens, GR) D. Vlachakos (Athens, GR)
02.30 p.m. 02.45 p.m.	R. Castillo (Manila, PH) The Link Between COPD and Cardiovascular Diseases
02.45 p.m. 03.00 p.m.	C. Vlachopoulos (Athens, GR) Uric Acid: A New Risk Factor for Cardiovascular Prevention?
03.00 p.m. 03.15 p.m.	G. Ambrosio (Perugia, IT) Uric Acid: Controversies and Updates in the Treatment of Hyperuricemia
03.15 p.m. 03.30 p.m.	Discussion
03.30 p.m. 04.00 p.m.	<i>Coffee Break</i>

FRIDAY, SEPTEMBER 27TH, 2019 - AFTERNOON

SESSION IV - 2019 NEW ESC GUIDELINES : KEY MESSAGES

Chairpersons:	D. Lovic (Niš, SRB) I. Goudevenos (Ioannina, GR)
04.00 p.m. 04.20 p.m.	C. Grassos (Athens, GR) Acute pulmonary embolism
04.20 p.m. 04.40 p.m.	A. Mitrakou (Athens, GR) Diabetes, Pre-diabetes and Cardiovascular Disease
04.40 p.m. 05.00 p.m.	G. Kolovou (Athens, GR) Dyslipidaemias
05.00 p.m. 05.20 p.m.	G. Andrikopoulos (Athens, GR) Supraventricular Arrhythmias
05.20 p.m. 05.30 p.m.	Discussion
05.30 p.m. 06.00 p.m.	Closing Remarks



2019 ESC GUIDELINES ON THE MANAGEMENT OF CHRONIC CORONARY SYNDROMES: A CRITICAL APPROACH

SATURDAY, SEPTEMBER 28TH, 2019 - MORNING

SESSION V - DIAGNOSTIC APPROACH AND RISK STRATIFICATION

Chairpersons:	E. Iliodromitis (Athens, GR) G. Rosano (London, UK)
09.00 a.m. 09.20 a.m.	R. Dechend (Berlin, DE) Risk Stratification and the Role of Non-Invasive Approach
09.20 a.m. 09.40 a.m.	P. Collins (London, UK) Microvascular Disease: How to Diagnose and How to Treat?
09.40 a.m. 10.00 a.m.	J. Lopez-Sendon (Madrid, ES) Bridge I and II project
10.00 a.m. 10.20 a.m.	L. Poulimenos (Athens, GR) State of the Art Approach on Antithrombotic Therapy
10.20 a.m. 10.45 a.m.	Discussion
10.45 a.m. 11.15 a.m.	Lecture II Chairperson: G. Ambrosio (Perugia, IT) A. J. Camm (London, UK) Treatment of Stable Coronary Artery Disease
11.15 a.m. 11.45 a.m.	<i>Coffee Break</i>
11.45 a.m. 12.30 p.m.	Lecture III Chairperson: P. Lopez-Jaramillo (Bucaramanga, CO) A. J. Manolis (Athens, GR) A Critical Approach of the New Guidelines: Where is the evidence?
12.30 p.m. 01.30 p.m.	<i>Lunch</i>

SATURDAY, SEPTEMBER 28TH, 2019 - AFTERNOON

SESSION V - DIAGNOSTIC APPROACH AND RISK STRATIFICATION

01.30 p.m. 02.00 p.m.	Panel Discussion I Chairpersons: P. Lopez-Jaramillo (Bucaramanga, CO) P. Collins (London, UK) Optimal Medical vs Invasive Approach in the Post ORBITA Era Panel: C. Vlachopoulos (Athens, GR), F. Triposkiadis (Larissa, GR), R. Dechend (Berlin, DE), K. Tsioufis (Athens, GR)
02.00 p.m. 02.30 p.m.	Panel Discussion II Chairpersons: A. J. Manolis (Athens, GR) A. J. Camm (London, UK) Step I, Step II vs Individualized Approach in Medical Treatment of Stable Angina Panel: G. Rosano (London, UK), J. Lopez-Sendon (Madrid, ES), E. Ilidromitis (Athens, GR), G. Ambrosio (Perugia, IT)
02.30 p.m. 03.00 p.m.	<i>Coffee Break</i>

CASE STUDIES

Chairpersons:	D. Vlachakos (Athens, GR) A. Pittaras (Athens, GR) G. Andrikopoulos (Athens, GR) J. Brguljan Hitij (Ljubljana, SI)
03.00 p.m. 03.30 p.m.	P. Collins (London, UK) Stable Coronary Artery Disease and Angina
03.30 p.m. 04.00 p.m.	H. Triantafyllidi (Athens, GR) Resistant Hypertension
04.00 p.m. 04.30 p.m.	C. Grassos (Athens, GR) Hyperuricemia and Gout
04.30 p.m. 05.00 p.m.	L. Poulimenos (Athens, GR) Stable Coronary Artery Disease and Atrial Fibrillation
05.00 p.m. 05.10 p.m.	Conclusion

FACULTY LIST

Giuseppe Ambrosio

Perugia, IT

George Andrikopoulos

Athens, GR

Jana Brguljan Hitij

Ljubljana, SI

Alan Jhon Camm

London, UK

Rafael Castillo

Manila, PH

Erfili Hatziagelaki

Athens, GR

Peter Collins

London, UK

Ralf Dechend

Berlin, DE

Michail Doumas

Thessaloniki, GR

Ioannis Goudevenos

Ioannina, GR

Charalampos Grassos

Athens, GR

Efstathios Iliodromitis

Athens, GR

Emmanouil Kallistratos

Athens, GR

Genovefa Kolovou

Athens, GR

Athanasios Kranidis

Athens, GR

Patricio Lopez Jaramillo

Bucaramanga, CO

Jose Lopez-Sendon

Madrid, ES

Dragan Lovic

Niš, SRB

Empar Lurbe

Valencia, ES

Athanasios J. Manolis

Athens, GR

Asimina Mitrakou

Athens, GR

Aimilia Papakonstantinou

Athens, GR

Ioannis Parisis

Athens, GR

Andreas Pittaras

Athens, GR

Leonidas Poulimenos

Athens, GR

Josep Redon

Valencia, ES

Giuseppe Rosano

London, UK

Dimitrios Tousoulis

Athens, GR

Helen Triantafyllidi

Athens, GR

Athanasios Trikas

Athens, GR

Filippos Triposkiadis

Larissa, GR

Konstantinos Tsioufis

Athens, GR

Dimitrios Vlachakos

Athens, GR

Charalampos Vlachopoulos

Athens, GR

GENERAL INFORMATION

MEETING VENUE

The venue for the Meeting is “Stavros Niarchos Foundation Cultural Centre”
364 Andrea Syngrou Ave., Kallithea 17674, Athens, Greece

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:
Friday, September 27th, from 08.30 a.m. to 06.00 p.m.
Saturday, September 28th, from 08.30 a.m. to 05.10 p.m.

OFFICIAL LANGUAGE

The official language of the Meeting will be English.
Simultaneous translation will not be provided.

REGISTRATION

For more information and to register please visit the following website:
www.fondazione-menarini.it
Direct link here:
<https://www.en.fondazione-menarini.it/Home/Events/2019-Esc-Guidelines-on-the-Management-of-Chronic-Coronary-Syndromes-a-Critical-Approach/Presentation>

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.
A business center with PC will be available for check and preview of presentations.
It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:
Friday, September 27th, from 08.30 a.m. to 06.00 p.m.
Saturday, September 28th, from 08.30 a.m. to 05.10 p.m.

LUNCHEES AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area free of charge.

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