

ALPIC 2020

Advanced Learning on Platelets & Thrombosis International Course

20-22 March 2020

Kalavrita Canyon Hotel

KALAVRITA-GREECE

Course Directors:

Alexandros Tselepis
Professor of Biochemistry
- Clinical Chemistry
Department of Chemistry,
University of Ioannina

John Goudevenos
Emeritus Professor
of Cardiology,
President of the Hellenic
Society of Cardiology

Haralampos Milionis
Professor of Internal
Medicine,
Faculty of Medicine,
University of Ioannina

Organizer:



European and Mediterranean League
Against Thrombotic Diseases

Under the Auspices of:



University
of Ioannina



Hellenic
Cardiological Society



Atherothrombosis
Research Centre,
University of Ioannina



Institute for the Study
and Education on Thrombosis and
Antithrombotic Therapy

www.alpic2020.gr

Scientific Program

WELCOME MESSAGE

Dear Colleagues,

We are pleased to welcome you to **ALPIC 2020** (Advanced Learning on Platelets & Thrombosis International Course), the 10th international scientific event on Platelets and Thrombosis, taking place this year in Kalavrita, Peloponnese, Greece, at **Kalavrita Canyon Hotel**, on **March 20-22, 2020**. ALPIC 2020 is organized by the European and Mediterranean League against Thrombotic Diseases (EMLTD), having as Course Directors Professors A. Tselepis, I. Goudevenos and H. Milionis. The Course aims to serve as a knowledge transfer forum for scientists in the current aspects of Platelet and Thrombosis research, ranging from the basic science to the clinical practice. The scientific program is designed to highlight the rapid development and ongoing evolution on the mechanisms underlying Thrombosis and Haemostasis along with discussion regarding all current advances in Antiplatelet and Anticoagulant therapy. We are proud that ALPIC has gained worldwide warm acceptance and recognition for its scientific merit and we do hope that ALPIC 2020 will further strengthen the European and Mediterranean network for Thrombosis in both basic research and clinical practice. ALPIC 2020 is organized with the contribution of our hosting partners, the Atherothrombosis Research Centre of the University of Ioannina and the Institute for the Study and Education on Thrombosis and Antithrombotic Therapy, which will give us the opportunity to bring together scientists and experts having a wide spectrum of disciplines, who will share current knowledge on various aspects of Thrombosis. The course local organizing committee consisted of University Professors with different specialties has created an attractive and comprehensive scientific programme with care and appreciation for attendees' scientific and personal enjoyment. An internationally recognized panel of invited speakers will present state of the art lectures and will create an excellent opportunity for all participants to stimulate an extended and very constructive discussion both inside and outside the lecture hall.

The dreamy setting with picturesque squares, stone-paved streets and cute little houses of Kalavrita will welcome ALPIC 2020. Kalavrita is a town, a province and a municipality in the East Central part of the prefecture of Achaia. The historic town of Kalavryta, one of the most exciting destinations of Peloponnese, will add to the scientific quality of the presentations, making this event a remarkable one for all participants. The Organizers will spare no efforts to ensure that ALPIC 2020 will be an exciting and enriching experience for all participants. We welcome you and we wish you all enjoy ALPIC 2020 in the picturesque landscape offered by Kalavrita and its mountainous landscape.

With our best regards,

The President of the EMLTD Foundation

Prof. Lina Badimon

The ALPIC 2020 Course Directors

Prof. Alexandros Tselepis Prof. Ioannis Goudevenos Prof. Haralampos Milionis

ALPIC ORGANIZERS & COMMITTEES

■ Organizer:



European and Mediterranean League
Against Thrombotic Diseases

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Haralampos Milionis

Professor of Internal
Medicine,
Faculty of Medicine,
School of Health Sciences,
University of Ioannina

■ Local Organizing Committee:

Georgios Glantzounis

Professor of Surgery - Transplants, Faculty of Medicine, School of Health Sciences, University of Ioannina

Eleftheria Hatzimichael

Assistant Professor of Haematology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Georgios Kalambokis

Assistant Professor of Internal Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina

Panagiotis Korantzopoulos

Associate Professor of Cardiology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Stylianos Koutsias

Associate Professor of Vascular Surgery, Faculty of Medicine, School of Health Sciences, University of Ioannina

Petros Tzimas

Assistant Professor in Anaesthesiology, Faculty of Medicine, School of Health Sciences, University of Ioannina

SCIENTIFIC PROGRAMME

Friday, March 20th, 2020

11.00 **Registrations**

12.00-14.00 The Most Impactful Antithrombotic Trials in 2019-2020

Chairs: George **Hahalís**, Vlassios **Pyrgakis**

POPular Genetics, Ticagrelor Reversal, ANNEXA-4, CSPS
Alexandros **Tselepis**

TWILIGHT, SMART-CHOICE, STOPDAPT-2, THEMIS, THEMIS-PCI,
ISAR REACT 5, AFIRE
John **Goudevenos**

RESTART, RE-SPECT ESUS
Konstantinos **Vemmos**

14.00-15.00 **Break**

**15.00-16.45 Clinical Seminar:
Challenging Decision-making in Anticoagulation Therapy
in AF Patients**

Moderators: Georgios **Kochiadakis**, John **Goudevenos**

Which Anticoagulant Agents are Safe in CKD Patients
with Atrial Fibrillation?
Dimitrios **Vlahakos**

Practical Anticoagulation Strategies in my Cancer Patients
with Atrial Fibrillation
Grigoris **Gerotziafas**

When should anticoagulation be stopped after atrial fibrillation
ablation?
Emmanouil **Simantirakis**

Atrial Fibrillation in the Very Elderly and Dilemma of Anticoagulation
Dimitrios **Richter**

Device-detected Atrial Fibrillation. When to Anticoagulate?
Emmanouil **Kanoupakis**

Discussants: Konstantinos **Pappas**, Eugenia **Pappa**,
Eleftheria **Hatzimichael**, Dimitrios **Nikolopoulos**

Friday, March 20th, 2020

16.45-18.05 **Round Table:**
Acute ischemic stroke management

Chairs: Georgios **Tsivgoulis**, Sotirios **Giannopoulos**

Diagnostic approach in acute ischemic stroke
Theodore **Karapanayiotides**

Intravenous Thrombolysis for acute ischemic stroke: pearls & pitfalls
Georgios **Tsivgoulis**

Mechanical Thrombectomy for acute ischemic stroke
Georgios **Magoufis**

Antithrombotic therapy for acute ischemic stroke
Sotirios **Giannopoulos**

18.05-18.30 **Coffee Break**

18.30-19.30 **Interactive Session:**
Practical Guidance in Antithrombotic Therapy

Chairs: Grigoris **Gerotziafas (France)**, Ioannis **Tsolakis**

Aspirin use in primary care: initiate, continue or discontinue
Athanasios **Pipilis**

Aggressive acute PAD in a young male
Georgios **Karaolanis**

Patient with PAD and recent peripheral intervention
Stylios **Koutsias**

Patient with CAD, AF and Carotid artery stenosis
Panagiotis **Korantzopoulos**

SCIENTIFIC PROGRAMME

Friday, March 20th, 2020

19.30-20.00 Official Opening of ALPIC 2020

Chairs: Alexandros **Tselepis**, Haralampos **Milionis**

Vice Rector of the University of Ioannina
Minas **Paschopoulos**

President of the EMLTD Society
Alexandros **Tselepis**

President of the Hellenic Cardiological Society
John **Goudevenos**

President of the Institute for the Study and Education on Thrombosis
and Antithrombotic Therapy
Dimitrios **Richter**

Mayor of Kalavrita
Athanasios **Papadopoulos**

Respected Metropolitan of Kalavrita
Ieronimos

20.00-20.20 Opening Lecture

Chairs: Eleftheria **Hatzimichael**, Stratis **Patakos**

The physician of the Hippocratic Oath in the Modern Times
Panos **Ziogiannis**

20.20-20.45 Keynote Lecture

Chairs: James **Douketis (Canada)**, Georgios **Glantzounis**

How advanced Informatics technology can simplify decision
support for VTE prevention?
Alex **Spyropoulos (USA)**

21.00 **Dinner**

Saturday, March 21st, 2020

08.30-10.00 **Antithrombotics:
The gap Between Guidelines and Reality**

Moderators: Dimitrios **Alexopoulos**, Christos **Savopoulos**

A patient with cirrhosis and AF: A DOAC or VKA?
Georgios **Kalambokis**

Thrombosis and Vascular Inflammation in Diabetes:
Mechanisms and Potential Therapeutic Targets
Ioannis **Kyriazis**

An interesting case of Antiphospholipid Syndrome: a hidden
Chameleon?
Georgia **Kaiafa**

Challenging patient with cancer-associated VTE
Stavroula **Tsiara**

Restarting DOAC Anticoagulation in Patients With NVAF After ICH,
Noncardiac Surgery, Stroke on DOACs
John **Goudevenos**

Discussants: Elissavet **Grouzi**, Athanasios **Pipilis**, Dimitrios **Iliopoulos**,
Ioannis **Kyriazis**, Dimitrios **Godevenos**

10.00-10.30 **Coffee Break**

10.30-11.30 **Advanced Clinical Workshop:
Antithrombotics in Acute Coronary Syndromes**

Chairs: Dimitrios **Alexopoulos**, Fragiskos **Parthenakis**

Stop it Early or Stop it Late: The Debate Over Antithrombotic
Therapy After PCI
Periklis **Davlouros**

Contemporary pharmaco-invasive treatment for STEMI
George **Hahalis**

Antithrombotic therapy in Cardiac Valves
Grigoris **Patakos**

SCIENTIFIC PROGRAMME

Saturday, March 21st, 2020

11.30-12.10 **Satellite Lecture**

(see page xx)

12.10-13.10 **Recent Guidelines in Antithrombotics**

Moderators: Alex **Spyropoulos**, James **Douketis**

Management of antithrombotic treatment in the 2019.
European Guidelines for Chronic Coronary Syndromes
Dimitrios **Alexopoulos**

What does the AHA/ACC 2019 focused update of AF guidelines teach
us about anti-coagulation challenges?
Panagiotis **Koratzopoulos**

2019 international clinical practice guidelines for the treatment
and prophylaxis of VTE in patients with cancer
Benjamin **Brenner (Israel)**

13.10-13.40 **Satellite Lecture**

(see page xx)

13.40-15.00 **Meet the Experts:
Conflicting issues in Woman Thrombosis**

Chairs: Minas **Paschopoulos**, Grigoris **Gerotziafas**

Venous Thrombosis in women. Similarities and differences between
sexes
Eleftheria **Hatzimichael**

Pregnancy and thrombophilia screening: indications and arguments
Efrosyni **Nomikou**

Prevention and Treatment of CAT in women
Elissavet **Grouzi**

Thromboprophylaxis in pregnancy
Despoina **Adamidou**

New therapeutic strategies in vascular complications of placenta
Eleftheria **Lefkou**

Pulmonary Embolism during pregnancy and postpartum:
Diagnosis and treatment
Kalliroi **Kalantzi**

15.00-16.00 **Break**

Saturday, March 21st, 2020

**16.00-17.30 Plenary Session.
Challenges in Prevention and Treatment
of Cancer-Associated Thrombosis**

Chairs: Grigoris **Gerotziafas (France)**, Georgios **Pentheroudakis**

Biomarkers of hypercoagulability in cancer progression

Marina **Marchetti (Italy)**

DOACs and LMWHs. Competitive or complementary strategies
in prevention and treatment of CAT?

Benjamin **Brenner (Israel)**

Beyond thrombosis: Other biological functions of tumour-educated
platelets, with focus on cell free nucleic acids

Anastasia **Kougioumtzi**

Extended treatment of CAT. Challenges and perspectives

Grigoris **Gerotziafas**

Cancer-Associated Thrombosis in liver

Georgios **Glantzounis**

**17.30-18.30 Meet the Experts.
Perioperative Management of Bleeding**

Chairs: James **Douketis**, Eleni **Arnaoutoglou**

TBA

Platelet function monitoring and platelet transfusion in cardiac surgery

Fotini **Danou**

Management of bleeding and coagulopathy following major trauma:
new insights

Petros **Tzimas**

Antifibrinolytic drugs: Administration without monitoring of
coagulation?

Pola **Stratigopoulou**

18.30-19.00 Coffee Break

SCIENTIFIC PROGRAMME

Saturday, March 21st, 2020

19.00-19.30 Keynote Lecture

Chairs: Fragiskos **Parthenakis**, Miltiadis **Matsagkas**

What we have learned about how DOACs work and how they are measured: Insights from the PAUSE study
James **Douketis (Canada)**

19.30-21.10 Meet the experts: Individualized Strategies for Thromboprophylaxis

Chairs: Alex **Spyropoulos**, Spyros **Papaioannou**

Debate: Should Medically Ill patients get extended thromboprophylaxis?

Yes. Alex **Spyropoulos (USA)**

No. James **Douketis (Canada)**

Six Months after Pulmonary Embolism - Now What?
Konstantinos **Pappas**

Combination of an antiplatelet and an anticoagulant in chronic CVD.
When and in which patient
Emanouil **Kanoupakis**

Individualized antithrombotic therapy in diabetics
Christos **Savopoulos**

Sunday, March 22nd, 2020

09.00-11.00 **Advanced Clinical Workshop.**
Issues regarding the antithrombotic treatment in patients with acute stroke

Chairs: Konstantinos **Vemmos**, Haralampos **Milionis**

A patient transferred to the ED within 2 h from the onset of acute ischemic stroke

Nikolaos **Melas**

A patient with atrial cardiomyopathy

Konstantinos **Vemmos**

A patient with intracerebral hemorrhage and AF

Eleni **Koromboki**

A patient with PFO

Dimitrios **Sagris**

A patient with intracranial arterial stenosis

Haralampos **Milionis**

A patient with cerebral artery dissection

Androniki **Plomaritoglou**

11.00-12.00 **Platelets-Endothelium-Cancer cell interaction.**
Recent advances

Chairs: David **Varon (Israel)**, Georgios **Pentheroudakis**

Minimizing Platelet Aggregation: The need for improved Assessments of Platelet Function and drug monitoring

David **Varon (Israel)**

Platelet interaction with cancer cells. Implication for Thrombosis and Cancer

Alexandros **Tselepis**

Cancer and endothelial cells interactions in thrombosis

Marina **Marchetti (Italy)**

GENERAL INFORMATION

■ DATE & VENUE

The **Advanced Learning on Platelets and Thrombosis International Course (ALPIC 2020)** is held from Friday, **March 20th** to **Sunday, March 22nd 2020** in Kalavrita, Greece, at Kalavrita Canyon Hotel.

The **ALPIC 2020** will be realized in Kalavrita Canyon Hotel, a 4* hotel situated in **Kalavrita**, Achaia region of Peloponnese, Greece. In the heart of the beautiful and historic town of Kalavrita, **ALPIC 2020** will be actualized in the hotel's Conference Halls.

■ ABOUT KALAVRITA

Kalavryta is a town in the mountainous east-central part of the regional unit of Achaia in Peloponnese, Greece. The town is located 24 kilometres south of Aigio and 40 km southeast of Patras. Kalavrita is surrounded by beautiful mountains Erymanthos in the west and Chelmos in the southeast.

Kalavryta area brings together a large number of attractions of historical and religious significance and natural beauty. The Vouraikos Canyon is among the Global Network of Geoparks, which was established under the auspices of UNESCO, and a geological monument of world heritage. This natural richness of the Greek geological heritage can be admired in a magical journey with **the cog of Kalavryta**. The **Cave of the Lakes** is also a work of nature worth to visit just minutes away from the town of Kalavryta. In the **Monastery of the Great Cave** you can admire one of the four projects of the Evangelist Luke, the embossed image of the Virgin Chrysospiliotissa while **Holy Agia Lavra Monastery** holds the first place as a national-religious pilgrimage and is a unique historical monument. The **Museum of the Holocaust** the historic Elementary school which houses the history and the memory of the 1943 drama in Kalavrita. The **Place of Sacrifice** is located a few meters outside the city, the sacred place where the massacre of Kalavryta took place. The destination of Kalavryta is ideal for those who love nature and sports suitable for all seasons. The activities vary according to your desire and mood. During winter time, snow lovers have the opportunity to enjoy **the snowy ski resort** to take a walk or indulge in their favorite activities such as ski, snowboard, ski mobiles. During the other seasons of the year however, the proposed activities are numerous.

A large number of trails of all difficulty levels, suitable for **Hiking and Mountaineering**, that all have something in common: the opportunity to admire the unique beauty of the Greek nature. These images of nature can also be admired by anyone engaged in sports in the river **Ladon kayaking or rafting**.. A few adventurous have the opportunity to gaze nature from above by **paragliding**.

For those seeking the coolness combined with trips to the beach during the summer, Kalavryta is a destination located just 30 minutes away from two **beaches** with crystal clear waters.

GENERAL INFORMATION

■ LANGUAGE

The official languages of the Course are **Greek** and **English**. The English language may be used widely especially in the presentations of the speakers to encourage the interaction in all scientific sessions of the English speaking faculty.

■ REGISTRATIONS

Registration Fee: 200.00 euros + 24% VAT

Registration Fee includes:

- Access to Conference & exhibition area
- Conference material
- Certificate of attendance
- Attendance at the organized Coffee breaks during the Scientific Program

■ CREDITS

The Congress will be accredited with C.M.E. Credits by the Panhellenic Medical Association.

■ CERTIFICATE OF ATTENDANCE

Continuing Medical Education Credits will be awarded by the Panhellenic Medical Association. All registered to the Course will have their badge. With the demonstration of the badge, they will receive their attendance certificates at the end of the Seminar.

Each (1) credit of Continuing Medical Education corresponds to one full hour attendance of the Scientific Event. Certificates will be issued from the Secretariat on Sunday 22 March at the end of the Scientific program of the Course.

■ CONTACT



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